

Sit

Cue: Verbal "sit" and hand signal (not simultaneously).

Description: On cue, my dog will drop into a competition-quality sit.

Elements:

- *Behavior specifics:* Tucked, square.
- *Duration:* Up to five minutes.
- *Distance:* Respond to cue up to fifty feet away.
- *Latency:* Immediate.
- *Position:* Assume position from stand, down, or walk. Dog should not change his position relative to me, except in specific situations where that is specifically trained. I should be able to be in any physical position.
- *Locations:* Everywhere.
- *Distractions:* Anything and everything. Especially distractions common in a dog show or performance environment. Must maintain the sit when being touched by strangers or sniffed by strange dogs.
- *Other:* Must maintain even when I'm out of sight.

Training Plan:

(Accomplish each level in multiple locations of gradually increasing distractions.)

1. Get the behavior.
2. Shape for tucked.
3. Shape for square.
4. Add verbal cue.
5. Shape a sit from a down.
6. Add hand signal.
7. Reduce latency.
8. Add duration and distance necessary for handler to walk 20 feet away.
9. Handler walks 20 feet away and returns.
10. Handler walks out 20 feet, waits 30 seconds, and returns.
11. Add one distraction.
12. Build to two minutes, handler 40 feet away with return, two distractions.
13. Sit-stay for 30 seconds with handler out of sight.
14. Sit from a stand (on verbal and signal) 10 feet away.
15. Sit from a down (on verbal and signal) 10 feet away.
16. Out of sight sit-stay for two minutes.

